

*Critical events such as natural and human made disasters and tragedies, violence and death, and significant workplace change can create major stress and upheaval for individuals and the workplace. Critical Incident Stress Debriefing (CISD) is available to help employees cope with the aftermath of these events.*

## The FEI Advantage

- FEI is a nationally recognized leader in responding to traumatic events and critical incidents and is eminently qualified to respond to crises of any magnitude.
- FEI has been providing worksite post-trauma services since 1988 and was the first EAP vendor in the country to integrate these services into our behavioral health programs.

## What is Critical Incident Stress Debriefing (CISD)?

CISD is designed to help employees recover from traumatic events by participating in a structured group that is facilitated by an experienced, EAP professional. It provides an opportunity to learn about the psychological and physical impact of trauma, "typical" reactions or symptoms and to share experiences with others which help to "normalize" these reactions. We offer both short-term counseling and long-term treatment recommendations.



## CISD Access

A human resource representative or manager can call an FEI account manager any time to conduct an immediate assessment of the incident and coordinate a response plan.

- Individual immediate support can be arranged usually within 24 – 48 hours after a traumatic event.
- A counselor will be available on-site to provide individual, brief supportive counseling.
- An account manager will provide written materials that can be distributed to employees.

## Benefits of CISD

Early post-trauma intervention, on an individual or group basis, has proven highly effective in helping individual employees and the overall workplace:

- manage immediate reactions
- return to full functioning more quickly
- minimize long-term consequences