



## Metro Milwaukee SHRM's Professional Development Series

### Care from Inside the Trenches: Establishing Peer Support Services

Who understands the challenges of HR better than HR professionals themselves? Peer support is an approach to workplace wellness that uses the non-clinical strengths and abilities of motivated, trained volunteers to enhance the resilience of their co-workers and teams. With guidance and consultation from behavioral health experts, an effective peer support initiative can strengthen internal resources and sustain the well-being of employees and organizations.



#### Michael McCafferty, MSW, SHRM-CP

Senior Account Manager | FEI Behavioral Health

Michael McCafferty, MSW, SHRM-CP, is a skilled coach and consultant who partners with leaders, teams and individuals, motivating them to move from disengaged to engaged, and from problem to solution. Since receiving his Master's degree in Social Work from the University of Wisconsin – Milwaukee, Michael has provided consultation, training, counseling and EAP services to organizations of all sizes in industries as varied as manufacturing, financial services, state and municipal government, and higher education.



Participants will discover principles of a successful peer support program

Participants will identify characteristics of a strong peer support representative.

Participants will recognize how to select the best level of peer support for their needs.

**Date:** Tuesday, January 26, 2021

**Time:** 12:00 pm—1:00 pm

**Location:** Virtual Meeting

*(Login will be sent, in advance, to registered attendees)*

**Cost:** Free for MM SHRM Members

\$25.00 for Non-Member attendees



Metro Milwaukee SHRM is recognized by SHRM to offer SHRM-CP or SHRM-SCP Professional Development Credits (PDCs). **This program is valid for 1.0 hour of PDC.** For more information about certification or recertification, please visit [www.shrmcertification.org](http://www.shrmcertification.org).

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